

Dysphagia



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Dysphagia is the medical term for swallowing difficulties. It is recognised as a disease and is also a symptom that is associated with many types of disorders and diseases.

The following are some medical conditions that may have an associated dysphagia:

- Stroke (CVE)
- Dementia
- Parkinson's Disease (PD)
- Multiple Sclerosis (MS)
- Guillain-Barre Syndrome
- Motor Neurone Disease (MND)
- Huntington's Disease (HD)
- Progressive Supra-nuclear Palsy (PSP)
- Multiple Systems Atrophy (MSA)
- Head and Neck Cancer
- Burns
- Gastroesophageal reflux (GERD)
- Head and neck trauma
- Chronic Obstructive Pulmonary Disease (COPD)
- Tracheostomy
- Psychiatric disorders
- Medication induced dysphagia

Catering for someone with dysphagia creates a challenge in delivering a **safe** and **varied** diet (see <https://iddsi.org> for further detail).

Food should not only be safe to swallow but **nutritious** and **appetising** to eat.