

SHOPPING LIST



<p>FRUIT</p> <ul style="list-style-type: none"> <input type="checkbox"/> Apples <input type="checkbox"/> Bananas <input type="checkbox"/> Oranges <input type="checkbox"/> Grapes <input type="checkbox"/> Blueberries <input type="checkbox"/> Strawberries <input type="checkbox"/> Raspberries <input type="checkbox"/> Melon <input type="checkbox"/> Kiwi Fruit <input type="checkbox"/> <input type="checkbox"/> 	<p>VEGETABLES</p> <ul style="list-style-type: none"> <input type="checkbox"/> Carrots <input type="checkbox"/> Potatoes <input type="checkbox"/> Sweet Potatoes <input type="checkbox"/> Broccoli <input type="checkbox"/> Mushrooms <input type="checkbox"/> Green Beans <input type="checkbox"/> Peas <input type="checkbox"/> Courgettes <input type="checkbox"/> Cabbage <input type="checkbox"/> Swede <input type="checkbox"/> Parsnips 	<p>PASTA & RICE</p> <ul style="list-style-type: none"> <input type="checkbox"/> Long grain rice <input type="checkbox"/> Basmati rice <input type="checkbox"/> Risotto rice <input type="checkbox"/> Spaghetti <input type="checkbox"/> Penne <input type="checkbox"/> Lasagne sheets <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 	<p>CONDIMENT</p> <ul style="list-style-type: none"> <input type="checkbox"/> Salt/pepper <input type="checkbox"/> Herbs/spices <input type="checkbox"/> Mustard <input type="checkbox"/> Pickle <input type="checkbox"/> Mint sauce <input type="checkbox"/> Mayonnaise <input type="checkbox"/> Tomato Ketchup <input type="checkbox"/> Brown sauce <input type="checkbox"/> BBQ Sauce <input type="checkbox"/> <input type="checkbox"/> 	<p>BAKING</p> <ul style="list-style-type: none"> <input type="checkbox"/> Self raising flour <input type="checkbox"/> Plain flour <input type="checkbox"/> Margarine <input type="checkbox"/> Sugar <input type="checkbox"/> Baking powder <input type="checkbox"/> Cocoa <input type="checkbox"/> Vanilla extract <input type="checkbox"/> Golden syrup <input type="checkbox"/> <input type="checkbox"/>
<p>BEVERAGES</p> <ul style="list-style-type: none"> <input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Fruit juice <input type="checkbox"/> Squash <input type="checkbox"/> Water <input type="checkbox"/> Lemonade <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 	<ul style="list-style-type: none"> <input type="checkbox"/> Kale <input type="checkbox"/> Cauliflower <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 	<p>CEREAL</p> <ul style="list-style-type: none"> <input type="checkbox"/> Porridge <input type="checkbox"/> Ready Brek <input type="checkbox"/> Weetabix <input type="checkbox"/> Rice Krispies <input type="checkbox"/> Granola <input type="checkbox"/> Muesli <input type="checkbox"/> Cornflakes <input type="checkbox"/> 	<ul style="list-style-type: none"> <input type="checkbox"/> Sweet chilli <input type="checkbox"/> Soy Sauce <input type="checkbox"/> Jam <input type="checkbox"/> Marmalade <input type="checkbox"/> Peanut butter <input type="checkbox"/> Honey <input type="checkbox"/> 	<p>DAIRY</p> <ul style="list-style-type: none"> <input type="checkbox"/> Milk <input type="checkbox"/> Butter <input type="checkbox"/> Eggs <input type="checkbox"/> Cheese <input type="checkbox"/> Cream cheese <input type="checkbox"/> Yogurt <input type="checkbox"/>
<p>MEAT & FISH</p> <ul style="list-style-type: none"> <input type="checkbox"/> Chicken <input type="checkbox"/> Beef <input type="checkbox"/> Pork <input type="checkbox"/> Lamb <input type="checkbox"/> Fish <input type="checkbox"/> Bacon <input type="checkbox"/> Sausage <input type="checkbox"/> Shell fish <input type="checkbox"/> 	<p>TOILETRIES</p> <ul style="list-style-type: none"> <input type="checkbox"/> Shampoo <input type="checkbox"/> Conditioner <input type="checkbox"/> Shower gel <input type="checkbox"/> Bath foam <input type="checkbox"/> Soap <input type="checkbox"/> Deodorant <input type="checkbox"/> Toothpaste 	<p>FROZEN</p> <ul style="list-style-type: none"> <input type="checkbox"/> Ready meal <input type="checkbox"/> Fish <input type="checkbox"/> Pizza <input type="checkbox"/> Oven chips <input type="checkbox"/> Peas <input type="checkbox"/> Mixed veg <input type="checkbox"/> Fruit <input type="checkbox"/> Ice cream <input type="checkbox"/> 	<p>HOUSEHOLD</p> <ul style="list-style-type: none"> <input type="checkbox"/> Bin bags <input type="checkbox"/> Wash detergent <input type="checkbox"/> Wash softener <input type="checkbox"/> Bleach <input type="checkbox"/> Cleaning spray <input type="checkbox"/> Dish cloths <input type="checkbox"/> Kitchen roll <input type="checkbox"/> Toilet rolls 	<p>TIN FOOD</p> <ul style="list-style-type: none"> <input type="checkbox"/> Baked beans <input type="checkbox"/> Sweetcorn <input type="checkbox"/> Soup <input type="checkbox"/> Tuna fish <input type="checkbox"/> Fruit <input type="checkbox"/> Vegetables <input type="checkbox"/> Tomatoes <input type="checkbox"/>
<p>BREAD</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sandwich loaf <input type="checkbox"/> Fresh Loaf <input type="checkbox"/> Baguette <input type="checkbox"/> Bagel <input type="checkbox"/> Muffin <input type="checkbox"/> Pitta <input type="checkbox"/> 	<ul style="list-style-type: none"> <input type="checkbox"/> Floss <input type="checkbox"/> Razors <input type="checkbox"/> Shaving cream <input type="checkbox"/> Body lotion <input type="checkbox"/> Female hygiene <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 	<p>SNACKS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Crisps <input type="checkbox"/> Nuts <input type="checkbox"/> Biscuits <input type="checkbox"/> Snack bars <input type="checkbox"/> Crackers <input type="checkbox"/> Chocolate <input type="checkbox"/> 	<ul style="list-style-type: none"> <input type="checkbox"/> Dishwasher tablets <input type="checkbox"/> Washing up liquid <input type="checkbox"/> Batteries <input type="checkbox"/> Light bulbs <input type="checkbox"/> Tin foil <input type="checkbox"/> Cling film <input type="checkbox"/> 	<p>WHAT ELSE?</p> <ul style="list-style-type: none"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Tick items that are running out as you go along